| **Mutual aid and community support – North Durham** |
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| **Category** | **Offer** | **Date and time**  | **Contact**  |
| **Catchgate and Annfield Plain Isolation support**23, Front Street, Annfield Plain, StanleyDH9 7SY | **Isolation support** If you need support with tasks such as shopping, collecting prescriptions, receiving a friendly call or someone to check you are ok there are volunteers to support you. | Coronavirus period | Text HELP to 07564 044 509 or email capis2020@yahoo.com |
| **PACT house Stanley**39 Front St,Stanley DH9 0JE | **Isolation support** If you need support with tasks such as shopping, collecting prescriptions, receiving a friendly call or someone to check you are ok. There are volunteers to support you. | Coronavirus period | Telephone: 07720 650 533 |
| **Pact House,**39 Front Street,StanleyCounty Durham, DH9 0JE. | **Home delivery meal and Foodbank support**Home Meal delivery for Elderly, Vulnerable and people self-isolating, Open access Foodbank running Monday-Friday 10am-4pm, Saturday 11.30am-1.30pm at Stanley Civic hall,  | Coronavirus period | Telephone: 07720 650 533 Email: pacthousestanley@outlook.com or message on Facebook <https://www.facebook.com/PACTHouseStanley/>  |
| **The Fulforth Centre,**Front Street, Sacriston,DurhamDH7 6JT. | **Covid19 Meal support**Sacriston Parish Council and The Fulforth Centre will help supply meals to the most vulnerable.All meals will be prepared and cooked within The Fulforth Centre by cooks with relevant Food Hygiene certification. Meals will be supplied two days per week - Wednesday and Friday, commencing Wednesday 8 April. Meals will be available between 1pm and 2pm and can be collected from the kitchen door situated at the car park side of the building. | Every Wednesday and Friday between 1-2pm.Coronavirus period | Telephone 0191 3710601 and leave a messageemail thefulforthcentre@gmail.comOr contact them through their Facebook page <https://www.facebook.com/fulforthcentre/>  |
| **Sacriston Community Workshops**Old Co-op BuildingsPlawsworth RoadSacriston Durham DH76PB | **Isolation support**Help for those who are unable to leave their home. Taking names, addresses and needs. Also seeking:* donations of non-perishable foods, hygiene products and cleaning products.
* drivers to deliver care packages, run errands and collect donations
* volunteer cooks
* leaflet drop to keep everyone informed
* help to ready the hub at the old Police Station.
 | Coronavirus period | Telephone: 07709 895 493Email: enquiries@sacristonenterpriseworkshops.co.uk |
| **Healthy Meal Collection**Nettlesworth Community CentreFront StreetChester-Le-StreetDH2 3PN | **Healthy meal support**Healthy meal collection. Meals will be chilled or frozen. | 1pm - 2pm every Tuesday and Thursday. Starts Thursday 2nd April. | Telephone: 0775 7238 257Email: enquiries@nettlesworthcommunitycentre.co.uk |
| **St Johns Church and Hall****Shotley,****Snods Edge,** **Consett,** **Co Durham** **DH8 9TJ** | **Mutual Aid Covid-19 support group** | Coronavirus Period | Contact Facebook page at <https://www.facebook.com/StJohnsSnodsEdge/> or email [www.shotleystjohn.org.uk](http://www.shotleystjohn.org.uk) |
| **Glenroyd House,****Medomsley Road,****Consett.****DH8 5HL.** | **Foodbank and Telephone support**We are offering delivery of food parcels and personal hygiene supplies such as sanitary products, shower gels, deodorants etc to those directly affected by the COVID -19 situation. We are also collecting and delivering medications as well as offering a “keep in touch” telephone support to those who are lonely and would like to have a friendly chat to someone who can keep in touch with them.  | Coronavirus period | Tel: 01207 297349Mob: 07410 590042Mob: 07772 679339Email: info@glenroydhouse.org.uksharon@glenroydhouse.org.ukmark@glenroydhouse.org.uk |
| **The Umbrella community Centre,**Derwent Centre, Victoria road, Consett, County Durham.  DH8 5SD | **Emergency food support**Community FRIDGE -Limited food available.Community meal delivery  | Coronavirus period | In emergency ring 07539643904 |
| **Waterhouses Coronavirus Volunteer Isolation Help**Waterhouses village hall,Waterhouses. | **Volunteer support**Volunteer support for anyone who is self-isolating within the local community. Can support with shopping, collecting prescriptions and posting items among other support. | Coronavirus period | 0191 373 9113or contact on Facebook <https://www.facebook.com/groups/624513904996556>  |
| **Burnhope village support group** | We are the Burnhope Village Support Group - friendly people who all live in Burnhope and want to help people in our village. If you are self-isolating due to COVID-19, we can help with: Picking up / dropping off shopping A friendly phone call Posting mail Urgent supplies Prescriptions Dog walking / pet services We can provide also provide help with food / toiletries / books & magazines / jigsaws etc. | Coronavirus period | Contact Cindy & Dave on 07749 756364 or 01297 775069.Julie Williams on 07949 622205 or 01207 528609or message through Facebook on <https://www.facebook.com/groups/573343063268228/about/>  |
| **County Durham Covid-19 Mutual Aid Group** | **Mutual Aid Covid-19 support group**A growing group of volunteers based all over County Durham to help vulnerable/at risk people and those isolating during the coronavirus Help with:* Shopping
* Collecting prescriptions
* Walking dogs
* Posting letters
* Providing emotional support over the phone
* Providing advice on a variety of topics.
 | Monday to Sunday7.00am-9.00pm | Telephone David 0191 6498893 Email: Durhamcovid19mutualaid@gmail.com |
| [**Bearpark Parish Council - Volunteering Scheme**](https://www.durhamlocate.org.uk/Services/5130)Bearpark Parish Council, Bearpark, County Durham, DH7 7AG | **Neighbor volunteer scheme**The volunteers can offer assistance to those most ‘at risk’ with the following:▪️Shopping for vulnerable people ▪️Dog walking ▪️Delivering a newspaper ▪️Posting mail ✉️ ▪️Friendly chat 💭 ▪️Food preparation advice 🥘 ▪️Signposting to support agencies 🆘  | Coronavirus period | Telephone: 07900 702 359 email bearparkpc@live.comemail bearparkpc@live.combearparkpc@live.com or contact via Facebook <https://www.facebook.com/bearparkpc> Send a message via WhatsApp 07900 702 359email bearparkpc@live.comSend a message via WhatsApp 07900 702 359email bearparkpc@live.com |
| **Lanchester Partnership and Churches together COVID-19 support.** | **Self-isolating support**Support to pick up shopping or prescriptions, friendly phone call and someone to talk to and getting urgent supplies to you.  | Coronavirus period | 07925 130310 |
| **Food Parcels and Childcare**Selby Cottage Childcare Centre, The Close EastSouth Pelaw Chester-Le-StreetDH2 2EY | **Food Parcels**Food parcels for the families of South Pelaw – those in need, self-isolating and families with little/no support, critical workers families that have to work and little time to shop. Open to provide emergency childcare for all critical workers and are planning to be open as usual over Easter. Food will be available to collect or delivered over the whole Easter holidays. | Easter Holiday Period | Telephone /Kathleen Lowery – Childcare Manager on 03000 264 095Email:https://www.durham.gov.uk/article/3654/Selby-Cottage-Childcare-Centre or https://www.facebook.com/groups/1256881577684782/ |
| **Refuse Durham**143b Front Street, Chester-Le-Street,DH3 3AU | **Emergency food supplies**We are continuing to collect food surplus from food retailers and the hospitality industry, packing it up into boxes and bags which are then delivered as food supplies to a range of people who will otherwise struggle to keep themselves fed during the crisis.  | Coronavirus Period | Contact: jenny@refusedurham.org.uk or call 07561 765264.   |
| **Chester le street Covid-19 Mutual Aid** | **Facebook support group** | Coronavirus period | Contact through Facebook on<https://www.facebook.com/groups/3802205313152978/about/>  |